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Welcome to my latest newsletter.

Since I was last in touch the news has been dominated by the increasingly vitriolic US Presidential elections and, closer to home, the UK's preparations for Brexit. As both issues could have a significant impact on life in the UK we will be following the unfolding story with great interest.

However, important things have been going on here in West Wales and Westminster too.



Here in Pembrokeshire and Carmarthenshire I have:



Organised further meetings at **Morfa Bychan Beach near Pendine** (*pic left*) to discuss ways in which this special bay can be protected from illegal camping and tipping. I mentioned this in my summer newsletter and am pleased that Carmarthenshire County Council have now applied for a Traffic Regulation Order which will put a locking gate across the track to the beach.

Visited the **Manorbier** families trying to revamp the **playground** (*pic right*). It has come to the end of its life and now the community is rallying together to raise enough money to give it a makeover.



Addressed the local branch of the British Holiday and Home Parks Association at their end of summer conference held at **Cross Park Holiday Village in Kilgetty**.



Visited the Neyland based **Pembrokeshire HOPE MS Charity** (*pic left*) on its 30th birthday. Their hyperbaric chamber helps MS sufferers and others from all over Pembrokeshire and West Wales.

Visited **Dragon LNG** to learn more about their business and its contribution to the local areas.

Joined an **Environment Food & Rural Affairs (EFRA) Select Committee visit to Carmarthenshire** to look into the issues of puppy farming, domestic pet trade and the Animal Welfare Act. The report will be published in November.

In Westminster I have:

Supported the **International Parkrun Day** (*pic right*) which highlights the free, weekly timed 5km runs that take place all over the UK (including the Colby run which I've mentioned many times before!).

Taken part in a round table discussion with tourist businesses in Wales looking at the issues of tax and regulation and of course, Brexit!





Supported the launch of **Singing for Syrians**. This terrific charity is urging people to hold their own card concerts this Christmas to help raise money for doctors working in Syria. For more information do check out their website [here](#).



Celebrated the fact that **Welsh lamb and beef** are back on the menu in the USA 20 years after the BSE scare prompted a ban. While I was in Washington DC earlier this year I lobbied to have the trade restrictions lifted.

Joined the **Wear it Pink campaign** (*pic left*) run by Breast Cancer to raise awareness nationwide, although I did decline to wear a full pink outfit!

Met the **Chief Executive of S4C** to discuss the upcoming move of their HQ to Carmarthen.

And finally...

Tenby's Ironman Wales lived up to its billing as one of the toughest in the world. I joined the thousands of 'spectathletes' who cheered on the 2,000 inspirational athletes, including my brother-in-law and wife's nephew, and was rather proud of the picture I took of supporters on St Bride's Hill.

It sums up the special atmosphere for which the event has become famous and I will continue to lobby Pembrokeshire County Council to commit to host the event until 2020.



What's coming up:

I will be holding surgeries in a number of locations in the coming months. To find your closest one and make an appointment please ring the office.

Contact me by emailing simon.hart.mp@parliament.uk or call 01994 242002. Up to date information and news can be found on my website simon-hart.com

You can also follow me on Facebook or Twitter [@Simonhartmp](#)

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